

SHALETHA SANDERS

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Shaletha Sanders graduated from The Ohio State University, earning a B.A., in Criminology and Sociology. She is currently pursuing her Masters in Clinical Mental Health Counseling. Shaletha Sanders is a philanthropist and is a strong believer of giving back to the community. She and her husband developed the YES (Youth Empowerment Sessions) Group, where youth from the community are empowered to become leaders and role models within society. She has coordinated the following programs at Total Deliverance Ministries, and they are as follows: Free toy giveaway during Christmas, Free backpacks full of school supplies giveaway, God's Girls Mentoring Group, Free tutoring through the "No Child Left Behind" program, Y.E.S. (Youth Empowerment Sessions) program, and a women's empowerment program.

In *Shine Like A Masterpiece*, Shaletha Sanders empowers and motivates you through personal stories, examples, and practical principles that will help you maximize your God-given talents and abilities. After reading each chapter, you are given an opportunity to reflect on what you have learned and think about progressive steps that you will need to take in order to live a successful life. Shaletha's objective is to teach women how to complement one another, instead of being in competition with each other. Also, how to identify the attributes of being a confident woman. You will also learn how to think positive and dispute irrational thoughts.



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